

# HIKE AALESUNDS SUGARLUMP MOUNTAIN



Enjoy a birds-eye view of Aalesund and the surrounding areas from the summit -314m (942ft) above sea level. See the city, the spectacular Sunnmøre Alps with their rugged, snow-capped peaks in the distance, the deep fjords and small islands surrounding this beautiful city by the sea.

Photo courtesy: [www.iriss.no](http://www.iriss.no)

## Tour description

The tour starts with a short coach ride to the starting point of the hike, approximately 4 km (2,5miles) from the pier.

The hike follows a well marked trail along the ridge of the mountain towards the summit. The hike up takes approximately 1 hour in uneven and sometimes steep terrain. Enjoy a cup of coffe and a traditional piece of cake at the summit before descending down the mountain again. Take in the breath-taking view of the fjord, the city, the many islands and skerries, and use the circular view-finder to identify the many peaks in the distance. A sight not to be forgotten!

## Figures & Facts

Duration: 3 hours

Capacity: 20 pax pr guide

Season: Summer. Good shoes and a wind-breaker required!



View from the summit with Aalesund and some of the majestic Sunnmøre Alps in the background

Photo courtesy: Arnt Flatmo [www.westcoastpeaks.com](http://www.westcoastpeaks.com)

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