

Please register my team for the Air Ambulance Three Summits Challenge

Company/Team Name

Main Contact Name

Address

Postcode

Email

Telephone Day

Telephone Evening

Return your form to the: Air Ambulance Three Summits Challenge
West Link, Fanum House, Basing View, Basingstoke, Hampshire RG21 4EA
or email your details to ray.emmans@theaaf.org



The Air Ambulance
Three Summits Challenge
12 - 13 September 2003



The Air Ambulance Three Summits
Challenge 12th - 13th September 2003.

How does the event work?

- The event has a maximum capacity of 33 teams (200 people) to comply with the Institute of Fundraising Guidelines limiting numbers to reduce environmental impact.
- Each team comprise of 6 walkers plus drivers and support 10-12 in total.
- The event is designed to be tough and although you will have a great time participants should be physically fit being prepared for little sleep, demanding climbs, you may be cold, wet, tired and uncomfortable!
- The event is organised by our partners Global Challenge UK Events who will ensure the event is managed to the highest quality, providing safety cover, radio communications, adequate briefing and provide training advice.

- Each team must arrange its own transport and accommodation and have adequate equipment.

Air Ambulances in England and Wales are almost entirely funded by charitable donations.

The funds raised by your team (we hope each team can each raise £5000) will be split equally, with half being offered to your local air ambulance service and the other half to the Air Ambulance Foundation. This will be used to support a new air ambulance service for North Wales.

We hope you will take up our challenge and make a difference by raising funds to support Air Ambulances.



Our mission is to support regional air ambulance charities by attracting additional funding at a national level, to act as a focal point and encourage the use of best fundraising practice.

Welcome to the Air Ambulance Three Summits Challenge

Any one of us could find that we are in need of an air ambulance at any time. Last year, air ambulances in England and Wales alone flew nearly 13000 missions. Of these, 46% were to attend road traffic accidents – the equivalent of fifteen callouts every day of the year. Sporting and horse riding accidents accounted for 1400 callouts – because the locations are often remote or that the accidents involve spinal injuries.

Recently, I met Ben Hutton. He was working on his family farm in Somerset, when his leg became caught in a power shaft of a slurry spreader. His leg was torn off just below the knee. Fortunately he had his mobile phone and was able to summon help. The air ambulance arrived shortly afterwards and he was flown to hospital in Bath in six minutes. Every day, throughout the country, people like Ben owe much to the speed that can only be possible through an air ambulance and the skill of the pilots and paramedics.

In a modern world, these services are critical. Road congestion is getting worse; our cities and motorways are often gridlocked. The need for air ambulance services has never been greater.

Many people do not realise that air ambulances are almost entirely funded through voluntary support. Without charitable donations, these services could not operate – every day, there are 34 missions flown and each of these, on average, will cost £1000.

Thanks to the progress that has been made in recent years, there is now coverage by air ambulances in most parts of the UK. One area – North Wales – is launching a limited air ambulance service in 2003. Half of the proceeds from your team will be to support this new service and enable it to fly longer hours. The other half will be offered to your local air ambulance regional charity.

To ensure that everyone can expect an air ambulance if they are unfortunate enough to need one, we need your help. If you can get together a team of six walkers, plus a back-up team, who can rise to the challenge of this exciting event, it will raise extra funds to keep the air ambulances flying.

So if you think you can do it, please complete the application form and return to us as soon as possible.

Jon Scourse
Executive Director



86400 seconds 1440 minutes 24 hours

THREE UK SUMMITS – STOB BAN (SCOTLAND), HELVELLYN (ENGLAND) AND SNOWDON (WALES) WITHIN 24 HOURS IN TOTAL, OVER 3000 METRES OF CLIMBING, OVER 20 MILES OF WALKING

Stob Ban

Having travelled to the Fort William area, and organised their own accommodation the previous night (lists of suitable accommodation can be provided), participating teams will start to climb Stob Ban late on the Saturday afternoon. Teams start at 5-minute intervals following their registration and equipment check along with their safety and communications brief.

Standing at approximately 3330ft, Stan Ban offers a fine viewpoint of the whaleback of Ben Nevis with the narrow Carn Mor Dearg Arete sweeping up from the right.

The last teams should finish their descent of Stob Ban approximately 23.00 that night. Once they have had a chance to get something to eat and drink, prepared by their support crew and drivers, they start their journey to Cumbria.

Helvellyn Mountain

All teams are given a minimum journey time between mountains, in order to discourage any 'road racing'. Even if they arrive early they will not be able to set off until their prescribed start time.

The second peak for the teams to climb is the spectacular Helvellyn Mountain, at approximately 3166ft. Teams will ascend Helvellyn from the Thirlmere side and descend down in to Glenridding. On a fine day teams will have glorious views in all directions from the summit, especially down the impressive lines of Swirral Edge and Striding Edge to Ullswater.

Stopping only briefly for breakfast, the teams' head towards Snowdonia National Park.

Snowdon

Arriving late morning, teams will be confronted by Snowdon standing at 3560ft. The summit is wonderful with superb views, and perhaps a well-earned cup of hot tea would be the finishing touch to 'topping out'! However, remember that the clock only stops upon your return to Llanberis if you're aiming to get under the 24 hours!

An after event presentation ceremony and meal will be organised by The Air Ambulance Foundation. Awards will be made for the teams that raise the higher sponsorship.

Once again, teams will have organised their own accommodation in the area, and after a good nights sleep on Sunday, teams will depart their own way on Monday morning in the knowledge that having climbed over 10000ft in 24 hours, their fundraising has been well earned!

